

#### **EDITORIAL**

Once again we are a bit short on articles, probably because it is holiday time and everyone is away enjoying themselves.

Just a few words of warning to you all. We had our sheds broken into over night recently, with padlocks cut off and some items stolen. The police did not discount the possibility it was linked to the recent visitors on the Playing Field and we were aware of a number of strangers riding bicycles or driving vans around the lanes surrounding our village at the time of the Field occupation. Material items can be replaced but it grieves me that some people make a habit of taking other people's property. They have probably moved on by now, but be aware just in case. Ed.

#### VILLAGE CRICKET

The next exciting game of cricket is due to be played on the playing field on the 8th September starting at 2.30pm. If you would be interested to play, you would be most welcome. It's a fun game and you don't have to be test match standard. If the last time you held a bat was at



primary school then you are the person we are looking for. Please give me a ring for more information if you are interested.

If playing is not got you then you are welcome to come along and watch. Bring a chair and be thrilled by the superb cricket that will be on display. Refreshments should be available to make your watching even more enjoyable.

Mike Holliday 210709



# GREAT TEY SATURDAY 9TH NOVEMBER 10am - 4pm

Would you like to set up a sale in your garage or back yard of your unwanted treasures?

#### How it works:

For an entry fee of £10 your name and address will be included on a plan which will be circulated to those interested, social media and the Village website.

For more information and to enter, please contact Simon Hall on 07802 835745 or simonhall26@gmail.com

All proceeds from the entry fee will go to the Village Fund.

#### DRAFT AGENDA GT TEY PARISH COUNCIL

Summons and Notice of Meeting
Notice is hereby given that a Meeting of the

Notice is hereby given that a Meeting of the Parish Council will be held in the Village Hall, Chappel Road, Great Tey on Tuesday 10th September 2019 at 7.30 pm

- 1. Apologies For Absence
- 2. Declaration Of Interests
- Confirmation Of Minutes Of The Parish Council Meeting of 13th August 2019
- 4. Matters Arising From The Minutes
- Land North of Brookhouse Road and East of Newbarn Road – to receive a presentation from agents acting regarding proposed plans for development
- 6. Public Questions and Statements when members of the public may ask questions or make a statement about the parish council or other matters of local concern.
- 7. Harold Fairs Recreation Ground
  - (a) To consider any further action required following unauthorised occupation of the field
  - (b) To consider any management matters
- 8. Report from Colchester Borough Councillor.
- Communication Channels to consider developing social media communication.
- Neighbourhood Plan To receive an update from the committee
- 11. Planning Matters
  - (a) Applications None at present
  - (b) Advice of Planning Applications Approved by Colchester Borough Council None at present.
  - (c) Land North of Brookhouse Road and East of Newbarn Road – to consider a request from agents acting to meet and discuss plans for development.
- 12. Financial Matters
  - (a) Cheques for payment:

Anglian Water Business (National) Ltd – allotments water £ 30.33

D Williams-clerk salary £486.33 less PAYE £97.20 £389.13 HM Revenue & Customs - PAYE for clerk salary £97.20 Great & Little Tey PCC – donation for churchyard grass cuts £ 425.00

- (b) To receive the financial report
- Handyman To receive a report on outstanding jobs and consider any action required
- 14. Colchester Local List to consider whether any heritage assets should be nominated
- 15. Highways To consider any management matters
- 16. Village Hall To consider any management matters
- 17. Old Playing Field To onsider any management matters
- 18. Allotments To consider any management matters
- 19. Emergency Plan To receive an update regarding completion of a new plan
- 20. Correspondence not dealt with elsewhere
- 21. Other Business for Discussion

Date and Time of Next Meeting. 8th October 2019 at 7.30pm Close of meeting Signed:-

D K Williams Clerk to the Parish Council.

Approved minutes of previous parish council meetings may be inspected by arrangement with the Clerk – telephone: 01787 224895.

# GREAT TEY FOOTPATH WALKING GROUP

**Sunday August 17th**-Five walkers & two dogs set off from the VillageHall for a local, medium length walk led by Paul Burns, taking in the beautiful countryside around us on a delightful summers day. The route



went north to Oak Road, then turned east to Bacons Farm, continuing on to Hoe Wood, then along Rectory Road, Motts Lane, and back to the village finishing up beside the Rectory in Brook Road.

**Sunday September 22nd** - An awayday walk to the West of the county to Great Dunmow, taking in a 6 mile circular walk to Great Easton & Tilty Abbey. Cars leave Great Tey Village Hall car park sharp at 9am.

**Sunday October 20th** - coming up, local afternoon Autumn walk in and around our village of approx 4 miles. Meet Great Tey Village Hall car park at 2.30pm

For further information on our walking group or any of our guided walks, please contact the following:-

Peter Wakeling 01206 211887 peteanddil@hotmail.com

Jane Pearson 01206 210855 drjanepearson@gmail.com

#### THE GREAT TEY FRIENDSHIP/ BOWLS CLUB

It will sound quite trivial to you no doubt, but to us it is quite exciting – our NEW bowls mat has arrived! It looks great; shame our bowling on it wasn't the same standard! We were struggling a

bit to get it right...hopefully we'll get used to it with practice! Next on our agenda is the annual late summer outing, and plans are already under way. We should have decided



on a venue by the time you read this (I hope!) fingers crossed the weather is kind to us; we're mostly lucky, but on one occasion, when we went to Southwold, we got drowned!! so we hope that won't happen again...

For more info on the club and it's "doings" please contact Jim on 01206 210838.

# DOCTOR'S SURGERY HELD AT GREAT TEY VILLAGE HALL

At date of going into print, there are currently no dates allocated for the Doctor's Surgery to be held at the village hall in September.

For the most up-date information please telephone: The Pump House Surgery, Nonancourt Way, Earls Colne (01787) 222022 to make an appointment, or to register as a new patient.

Pre-ordered prescription collection at Great Tey Village Hall, every Friday 9.30 am – 9.45 am

#### **GREAT TEY PARISH COUNCIL**

The Parish Council meets in the Village Hall on the second Tuesday in every month at 7.30pm. The Clerk, David Williams, is contactable on 01787 224895 or **greatteyparishcouncil @outlook.com** 

#### **SUCCESS** A Short Story

Success covers every detail of hard-to-manage challenges. One has to tread on a bumpy road of strife before arriving at a certain destination. One has to ride on a roller coaster before getting to the top. One has to take numerous steps of the stairs before reaching the last step. One has to cross the steep bridge before landing on the opposite side. One has to exert a much needed effort before having a fit and healthy body. One has to pass all the difficult tests before achieving high and good grades. One has to be determined to win a game. And one has to surpass all these circumstance before reaching the peak of SUCCESS.

Being successful is not just a piece of a cake – that in just a glimpse of an eye, you'll become a billionaire; that in just a whisper of a wish, you'll become a royal prince or princess; that in just a tick of the clock, you'll become a a famous star; or in just a moment of waking up, you'll become a successful individual. NO! Success is a step by step process. It's like planting a tree that takes every second, minute, hour, day, month and year to grow. In order for it to mature and develop, it must be regularly watered with determination, cultivated with perseverance, nurtured with hard work, and fertilized with faith in God and trust with oneself.

To sum it up, success is a long road to travel. One must keep moving for it has no shortcuts. And it will be more fulfilling if one walks for it rather than riding on a bus.

#### **MUSIC NIGHT**

The music/picnic event on the 17th August was a most enjoyable evening enjoyed by the 70 who attended.

The weather was kind and not a drop of rain was felt. Norwood's swing band got the audience toe tapping, singing and even dancing.

A grateful thanks to Norma Tregoning for the use of her garden, all those who supported the evening and to those who provided raffle prizes. The evening raised £513.



# SESSIONS AVAILABLE FROM SEPTEMBER!

Our sessions run Monday to Friday, during term time, from 9am until 2.45pm.

We have sessions available for 2-4 year olds each day. If you would like to discuss a place

for your child, or just come and have a look around please contact us on 07712 967081 or alternatively email us at greatteypreschool@hotmail.com.

We offer flexible sessions. This means that you don't have to sign your child up to attend pre-school on a weekly basis, but are just able to use us for one-off sessions, as and when needed (subject to availability). If you would like any more information on this new service please contact us using the details above.

The Great Tey baby & toddler group runs on Wednesday mornings (term time only) from 10am – 11.45am. If you have any children from birth to rising 5's please feel free to come and join our friendly group, letting your child socialise and interact with their peers. Tea and coffee provided for parents & carers, and a snack provided for all children. £1.50 per adult.

# GREAT TEY NEIGHBOURHOOD PLAN

#### **CALL FOR SITES**

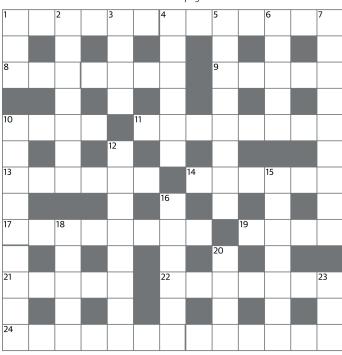
As part of the Neighbourhood Plan, it is important for us to consider the merits of making site allocations for development in the parish of Great Tey. This therefore is a call to all landowners in the parish, large or small, who have an interest in promoting their land for development.

If you are a landowner and wish your land to be considered for allocation in the Neighbourhood Plan, we are primarily looking for sites for residential use. However, if you have aspirations for alternative uses then we would also like to hear from you.

The criteria for sites to be submitted for consideration can be found on the village website at greattey.com, under the heading "Neighbourhood Plan". Paper copies can be provided on request to greatteygp@gmail.com. Submissions should be emailed to greatteynp@gmail.com by 30th September.

#### **R&A QUICK CROSSWORD**

Solutions on page 6



#### Across

- 1. Set of drawers for documents (6,7)
- 8. Toy percussion instrument mid-turn (anag (3,4)
- 9. Dwarfs or deadly sins? (5)
- 10. (Be in) a huff (4)
- 11. Scouts or Guides rally (8)
- 13. Payment for use antler (anag) (6)
- 14. -ly word (6)
- 17. Sameness (8)
- 19. Trick (4)
- 21. Hawaiian hello (5)
- 22. Cutting wood (7)
- 24. Sudden intense excitement (7,6)

#### Down

- 1. Healthy (3)
- 2. Ointment containing wool fat (7)
- 3. Typical pattern (4)
- 4. Crashing instrument (6)
- 5. Meddler (8)
- 6. On no occasion (5)
- 7. Volatile situation (9)
- 10. Rugby player March's flu (anag) (5,4)
- 12. Seasoned smoked beef, served in thin slices (8)
- 15. Gradual wearing away (7)
- 16. Disconnect (kettle or toaster?) (6)
- 18. Loop in a rope made with a slip knot (5)
- 20. Food thickeningagent obtained from seaweed (4)
- 23. Man (3)

# **Circulation Problems Angina**

This is a condition usually caused by a build-up of a 'cholesterol Plaque' on the inner lining of a coronary artery.

Cholesterol is a fatty chemical, which is a part of the outer lining of cells in the body.

A cholesterol plaque is a hard thick substance caused by deposits of cholesterol on the artery wall.

Over a period of time this causes narrowing and hardening of the artery.

During exercise or excitement the heart needs more oxygen, but the narrowed coronary artery cannot increase the blood supply to meet its demand.

As a result an area of the heart will suffer a lack of oxygen.

This normally gives the casualty a pain in the chest as a result.

Typically an angina attack comes with exertion and goes with rest.

#### **Heart Attack**

This is often caused when the surface of a cholesterol plaque in the coronary artery ruptures and the contents leak out.

This leads to the formation of a blood clot, which can completely block the artery resulting in the death of an area of the heart muscle.

Unlike angina the death of the muscle from a heart attack is permanent and will not be relieved by rest alone.

### Recognition

#### **Angina**

Chest pain following exertion or stress

Central chest pain can radiate through neck, jaw, arms

Can be mistaken for indigestion

Usually lasts 3 - 10 mins

Skin may look pale

#### **Heart Attack**

Onset is sudden, can also occur at rest

Central chest pain can radiate through neck, jaw, arms

Usually lasts longer than 30 mins

Skin is pale, grey and they may sweat profusely

Shortness of breath, nausea, or vomiting

#### **Treatment**

Sit casualty down and make them comfortable

Allow them or assist them with prescribed medication (normally GTN)

Reassure them

Remove anything that is causing stress or anxiety

If you suspect it's a heart attack and the casualty is not allergic to aspirin and older than 16,

Allow them to chew an aspirin slowly (150 -300mg)

Monitor their breathing

If you are in any doubt dial 999





Reflexology can help and ease symptoms of....

Back Pain Stress Sinuses Migraines Depression Tension Anxiety Lack of Energy/Sluggishness Circulation Headaches Tiredness Menopause PMT and lots more.

I am based just off The Street in Great Tey. Please call if you would like to book a treatment. *Nicola Tatum* 

#### **Science Tutor**

I am a fully qualified science teacher with 16 years of experience teaching 11 to 18 year olds. I am the head of a busy science department in a Chelmsford school and enjoy teaching all ability ranges. If you need a tutor for your son or daughter, then please send an email to aa\_in\_oz@hotmail.com.

I can tutor in biology, chemistry and physics for 11 to 16 year olds (KS3 and GCSE), and physics for A-Level. I also have experience writing personal statements for UCAS applications. I would consider tutoring for younger years too

I charge £30 per hour, and will happily come to your house to do any tutoring. As is usual, a parent or guardian must be in the house during any lessons.

Thanks for reading, Abi Freeman

### FREE FLU VACCINATIONS

Dr P M Spowage Dr S Taylor Dr T J Cochrane Dr J Joseph

01787 222022

The Pump House Surgery Nonancourt Way Earls Colne Colchester CO6 2SW



If you are over the age of 65 or think you are in an at-risk group (i.e. Asthma, Chronic Obstructive Pulmonary Disease, Kidney Disease, Diabetes, Heart Disease, Stroke, Learning Disability and pregnancy) you are entitled to a free flu vaccination.

Clinics are bookable for  $5^{th}$  October,  $19^{th}$  October and  $2^{nd}$  November 2019 either by telephoning the surgery or booking online.

If you are registered with our Practice, please contact us to arrange an appointment with one of our Nurses on 01787 222022 Monday to Friday.

Please support your local surgery by having your flu injection with us rather than your local chemist as we need this to continue providing your local GP services. We also hold a "One Stop Clinic" on each flu clinic date and will advise you on further health care you may benefit from / be entitled to.

Your support is much appreciated.



I still have a few seats left for this very popular musical.

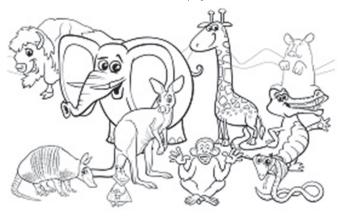
The tickets are £50.00 for ticket and coach per person, with an option to buy a two course meal (main and dessert only) for £18.00 extra.

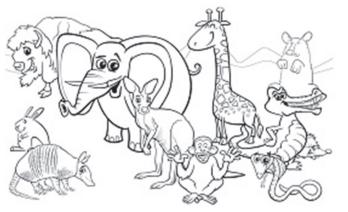
The show is at the Savoy Theatre in London on Wednesday 11th March, 2020 for the matinee (2.30pm) performance.

If interested please put the correct money in an envelope with your name, address and contact number on the front, and pop it through my letter box - The Old Vicarage, Chappel Road, Great Tey, Colchester, CO61JQ (next door to the Village Hall) Thank you, Norma Tregoning.

#### SPOT THE DIFFERENCE

Can you spot seven differences between the pictures
Answers on page 8





#### EYES DOWN - BINGO

The next seession will be held at the Village Hall on

Thursday, 26th September 2019 between 2.00 pm and 4.00 pm.

A great afternoon with prizes to be won. Tea and cakes available – so do come and join the fun and have a chat with your friends. Everyone welcome.



Bingo takes place on the 4th Thursday of each month.

Many thanks, Beryl Brewer

#### **GREAT TEY WI**

We had a really interesting talk last month about Wild Life in our gardens. We were told which plants attract which insects and creatures to enhance wildlife, plus also which plants would be suitable for our gardens in this part of the country which is getting drier and drier. Now all we have to do is put it all into practice!

This month will be of extra interest to Ladies especially because the speaker will talk to us about handbags and bring an assortment along to shows us.

We meet as usual on Tuesday 3rd September (1st Tuesday in the month) in the Village Hall for 7.30pm start. All ladies are welcome.

Great Tey WI Committee

#### **CROSSWORD** Solutions

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#### THE CHURCHES OF GREAT & LITTLE TEY

#### **Sunday Worship**

**Sunday 1st September** Parish Communion at St. Barnabas Church, Great Tey at 9.30am

**Sunday 8th September** Family Worship at St. Barnabas Church, Great Tey at 9.30am

**Sunday 15th September** Holy Communion (BCP) at

St .James the Less Church, Little Tey at 9.30am

**Sunday 22nd September** Parish Communion with Sunday Club at St. Barnabas Church, Great Tey at 9.30am

**Sunday 22nd September** Harvest Thanksgiving Evensong (BCP) at St. James the Less Church, Little Tey at 6.30pm

**Sunday 29th September** United Benefice Sung Eucharist at St. James the Less Church, Little Tey at 10.00am

#### Mothers' Union Meeting

On Thursday, 19th September members will enjoy an outing to Dedham for a tour of the the parish church and then afternoon tea at the Essex Rose tea rooms.

At our meeting on Thursday 17th October at 2.30 pm at the Rectory our speaker will be Mr. Andrew Clarke who be giving a talk on the Essex Community Foundation.

To find out more about our branch at Great & Little Tey please contact Jane Richardson on 01206 211481. All welcome.

#### **Sunday Club**

Sunday Club for children will take place during the Parish Communion service on Sunday 22nd September and Sunday 27th October at 9.30 am in the vestry at St. Barnabas Church, Great Tey. We enjoy a bible story, activities and arts and crafts on the theme of the story. Sunday Club is for primary aged children and younger ones are very welcome if accompanied by a parent/carer

#### **Coffee Morning**

Thank you to Pauline and Alan Mattin who will be hosting our Coffee Morning to raise funds for the Little Havens Children's Hospice in Essex on Saturday 5th October from 10.30 am at Jesmond, Church Lane, Little Tey. Coffee, tea, cakes and refreshments will be served, and there will be a cake stall, bring & buy and a raffle to raise funds for this wonderful charity. If you haven't been before do come along and see Pauline and Alan's memorabilia collection which is really fantastic; pleasedoinvitefamilyandfriendsalong—everyoneis welcome.

### Harvest Supper & Family Worship Harvest Thanksgiving

The annual Harvest Supper will take place on Saturday 12th October at Great Tey Village hall

at 7.00pm. This year we welcome the Rev. Janet Nicholls the Diocesan Rural Advisor and Agricultural Chaplain to be our speaker. Tickets are available at £7.50 from Jane Richardson, Freda King and members of the social committee.

We do hope that you will be able to join us at our Harvest Thanksgiving Family Service the next day on Sunday 13th October at 9.30 am at St. Barnabas Church, Great Tey. All harvest gifts of fresh produce, packets and tins will be gratefully received during the service and will be donated to SCOPE at Drummonds at Feering. Thank you.

#### **Shepherds Pie Evening**

We hope that you are able to join us for our Shepherds Pie evening on Saturday 16th November at 7.00 pm at Great Tey Village Hall when our speaker will be Simon Hall, MBE who will be giving a talk on his year as High Sheriff of Essex. Please do invite family and friends along to this very special evening; tickets at £10 are available from Jane Richardson. Freda King and members of the social committee.

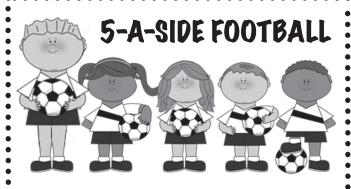
#### **GREAT TEY DROP IN**

I think because there is no Bingo this month some people thought there was no Drop In either so we only had 6 people turn up. Maybe next year we will give both Drop In and Bingo a month off.

Everything is back to normal this month though, so if you are at a loose end or fed up with sitting at home on your own, then come and join us for a chat, a cuppa and some cake.

We will be waiting on Thursday 12th September (2nd Thursday in the month) at the Village Hall 2.00-4.00pm. Everyone is welcome.





On Sunday 8th September the Tey Community Group are planning to hold a 5-A-Side Football Tournament for Under 15's on the School Playing Field.

A reminder the age group is 8-16 and interested parties to contact Paul King on 07714 798359 for more information and to register. AND DON'T FORGET THE .....

### Boxing Day "Married's V. Single's" football match.

Work-off the Christmas Dinner over the new Playing Field with a 11.00 kick-off!

For more information and to register your interest, please contact Paul King on 07714 798359

#### **SPOT THE DIFFERENCE**

Solutions





# NO TO WEST TEY, MONKS WOOD, KINGS DENE...

# RURAL NORTH ESSEX NEEDS YOU!

Are you woried about the Essex Garden Communities that are being planned on and around the A120 corridor?

This will bring three new towns to the area along with 41,000 new houses. The West Tey development matching the size of Braintree.

This will add a further 99,000 people to the ever increasing population.

### What do you think?

Well, the second consulation requested by the Inspector will start on 19th August lasting 6 weeks.

This is your final chance to let the powers-thatbe know what you think.

Why not tell the Inspector how you feel and the effect of this scale of development will have on you?

We will tell you the easiest way to respond to the consultation and provide information on the proposals

Search: CAUSE ESSEX:

www.cause4livingessex.com/get-involved

OR

Contact: Andrew Coy by email at wac@simplybanquesting.com, if you would like to spread the message and deliver some leaflets.

Please note copy deadline for the **October** issue will be

### Wednesday 18th September 2019

PLEASE send all copy BEFORE noon on this day to the editor, David Edwards at edwardsdj44@gmail.com

If you would like to make a donation to the Round & About Great Tey R&A Print Fund please use payment by BACS to Barclays Bank Account No 83141004 – Sort Code 20-97-40 including your name or organisation if possible.