

GREAT TEY FOOTPATH WALKING GROUP

September 22nd - Our awayday 6 mile walk to Great Easton & Tilty Abbey was well supported with a number of members enjoying the late summer colours and landscape of this north western edge of the county. Unfortunately the ruins of Tilty Abbey really are ruins and cannot be accessed by the public, but the Parish Church that stands proudly nearby is quite a spectacle in the low sun. However, the lunch that followed in The Stag Inn at Little Easton was to behold.



October 20th - Due to a number of reasons the local afternoon walk did not go ahead!!

November - we have 10 confirmed members already booked for the 3 day away trip walking in North West Norfolk from Monday 11th to Wednesday 13th, but there are a few places left if you would like to join us. Contact the numbers below for more details. Then just 10 days later we have Jane's Surprise Walk on Sunday 24th tantalising us all with 'where will it be this time.' To find out, be in Great Tey Village Hall car park at 9.30am to find out, it will be a short car journey though first!!

December - Coming up, yes it's nearly Christmas and we have two walks planned again for this month. The first is our annual pilgrimage to Lawford Church, near Manningtree on Sunday 8th for the Ramblers & Cyclist Special Carol Service at 3.00pm, preceded by a local walk in the Manningtree area in the morning, a quick roast lunch nearby, then off to the church. We have attended the service for over thirty years now and is a great starter into the Christmas spirit. A week later on Sunday 15th we have a local morning walk in and around Great Tey followed by something seasonal in The Chequers. Meet in the Village Hall car park at 10am.

For further information on any of our guided walks, then please contact the following:-

Peter Wakeling 01206 211887
peteanddil@hotmail.com

Jane Pearson 01206 210855
drjanepearson@gmail.com



Great Tey Primary School

Friday 29th November 2019,

School Hall, 3:30-5pm

Santa's Grotto Refreshments

Pocket money stall Raffle & Tombola

Local gift stalls

Crafts, games & activities

Silent auction Fantastic prizes

Fun for all, come join us



THE GREAT TEY FRIENDSHIP/ BOWLS CLUB

Well here we are, November already! Where is the year going... Christmas just around the corner again! We're now looking forward to our club Christmas lunch -doesn't seem like 5 minutes ago we were booking our late summer outing...!



Anyway, there it is... We are going to the Cricketers in Aldham this year, just for a change. It's arranged for December 11th. Meanwhile, we have some dates in November for our meetings, and a lunch at the Chequers.

We will have our usual Wednesday gatherings on the 6th and 20th, with lunch on the 13th. If you want to know any more about the club do feel free to contact Jim on 01206 210838.

Head injuries

Concussion

This is caused by 'shaking' of the brain.

The brain is cushioned by fluid so if it receives a blow the brain can bounce from one side to the other.

Quite common if you venture onto some of the modern theme park rides.

- The person may become unconscious for a short period, after which their levels of response should return.
- They should recover completely if no complications are present
- Pale, clammy skin, a mild general headache and possible nausea

Compression

This is caused by bleeding or swelling within the skull.

Compression is a very serious condition as the brain is being squashed.

- The person may have a recent history of a head injury, firstly recovering then deteriorates
- Confusion and levels of conscious become worse as the condition develops
- Possible flushed dry skin, intense headache and nausea

Fractured skull

This is a serious because the broken bone may directly damage the brain or cause bleeding.

Suspect a skull fracture with any casualty who has received a head injury and has lower levels of consciousness.

- The person may also suffer from concussion or compression, so these symptoms might be present
- Other clues include swelling or bruising of the head around one or both eyes (panda effect)
- Blood leaking from ear

Treatment

Remember a blow to the head which is large enough to cause a head injury can also result in a spinal injury, So treat casualty with care.

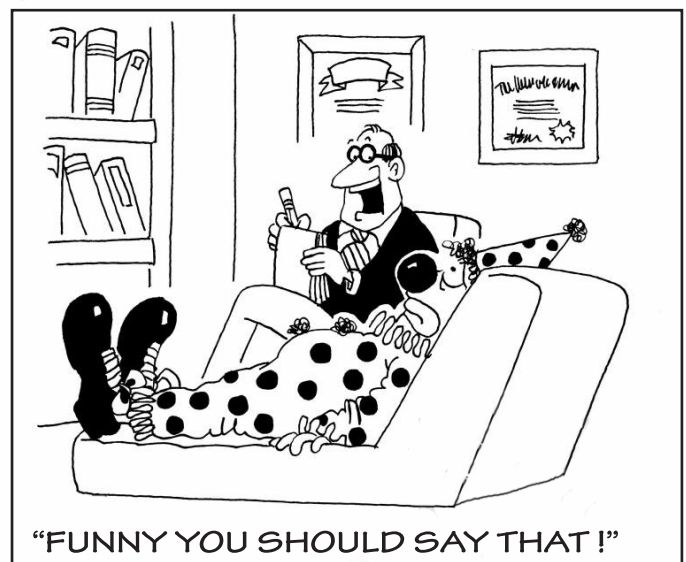
- Call 999/112 for help if the casualty has been unconscious, their levels of consciousness deteriorate or you suspect a skull fracture.
- Maintain their airway and breathing
- If casualty is conscious keep head, neck and body inline in case there is a spinal injury
- Control any bleeding by applying gentle pressure. If bleeding from ear don't try to plug this
- Look for and treat other injuries
- Constantly monitor and record levels of breathing and consciousness
- Seek medical advice before allowing to eat or drink
- For the next few days, casualty should go to hospital immediately if they suffer from:
Worsening headaches • Nausea • Vomiting • Weakness in arms or legs • Speech problems • Dizziness
Seizures or confusion. If there is a foreign body you may be able to apply pressure at either side.

GREAT TEY DROP IN

At recent Great Tey Community meetings we have been trying to think up ideas to encourage people, who are interested and are able to, to come and mix and meet with fellow villagers in the Village Hall. Would a speaker on different subjects encourage new visitors, or maybe a card game (Whist Drive!) session? Any ideas to encourage people who are on their own, fed up because there is no one to talk to come along and join us.

We are there on the 2nd Thursday of each month and this month it will be Thursday 14th November from 2pm until 4pm. Please come along with ideas to make it a gathering place for all.

Norma Tregoning



GREAT TEY WI

Although last month's talk was not quite what we expected it was a very interesting and informative one about the goings on at Stansted Airport. Some interesting facts about the airport that some of us did not know was that the run way is TWO MILES long, and is the first stop for planes involved in any "terrorist emergency" incidents, along with other events that are deemed security minded and involving planes arriving under unusual circumstances.

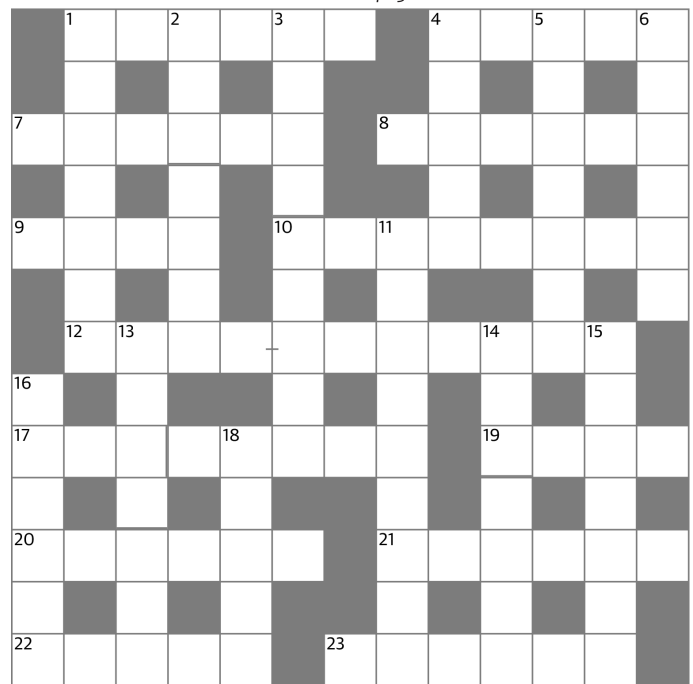
This month is more light hearted, but hopefully as interesting. Our speaker will be giving us a demonstration on Micro Wave Cooking. This talk will be enable us all to learn more about how we can use our Micro Wave to do something exciting, instead of just heating up a ready meal!

We meet in the Village Hall, on the first Tuesday of the month, this month it is Tuesday 5th November, starting at 7.30pm. All you Ladies are welcome to come and learn something new about cooking with a Micro Wave, and also enjoy a pleasant evening out.

Great Tey WI Committee Member

R&A QUICK CROSSWORD

Solutions on page 6



Across

1. Beer and lemonade (6)
4. Punctuation mark (5)
7. Present (6)
8. Something believed to cure all ills (6)
9. Blackthorn fruit (4)
10. Punch to the chin, from below (8)
12. Spreading of pesticides, from above (4-7)
17. Social gathering (for Bostonians?) (3,5)
19. Like an omelette? (4)
20. Delayed – postponed (2,4)
21. Artist's output (6)
22. Number etched by a skater? (5)
23. Scattered (6)

Down

1. Thin varnish used to finish wood (7)
2. Redcoat (anag) – inter-war design style (3,4)
3. In Australia? (4,5)
4. Give birth (to an iceberg?) (5)
6. Put bubbles into (6)
11. Go gingerly (around) (9)
13. Inconsiderate driver (4,3)
14. Frozen shape in a drink (3,4)
15. Cosmonaut Yuri (7)
16. Flashing light (6)
18. Assign (5)

GREAT TEY PRE-SCHOOL CHRISTMAS MOVIE AFTERNOON

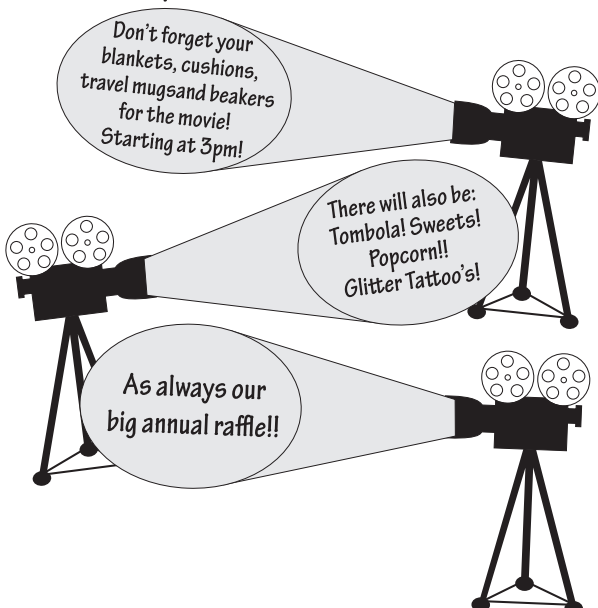
1st December 2.00pm – 5.00pm

£5 a ticket

includes movie, unlimited drinks and a cake!

Tickets available from pre-school during opening hours
or Great Tey School families can get tickets from
the school reception!

Please purchase tickets before the event





TWO UPDATES: Taken from recent communications from Rosie Pearson on behalf of the CAUSE team – stopurbansprawlnow@gmail.com for a quick response.

21st October 2019

Yes, ANOTHER, consultation, and this one also predetermined, premature and a waste of tax-payers' money - now the A12 routes which would support 'West Tey' are being consulted on:

<https://highwaysengland.citizenspace.com/he/a12-chelmsford-to-a120-widening-scheme-23-to-25/>

A public meeting was held on Saturday 26 October at Copford Village Hall, organised by Cllr Kevin Bentley.

CAUSE will be considering this latest event in the NEGC saga and will update you in due course.

23rd October 2019

Examination date set for the NEGC's: 14 January 2020

Inspector's letter here:

https://www.braintree.gov.uk/info/200643/section_1/1065/section_1_examination_publication_local_plan/4

The authorities' letter to the Inspector is the second one down. Rather funny how, presumably to counter the terrible feedback they got during the consultation about their technical consultation, they are bending over backwards to try to be accommodating. Also note the rather funny reference to structuring the hearings around CAUSE's response - a little ironic seeing as they invited 180 stakeholders to a workshop in Wivenhoe and not CAUSE.

Contact Andrew Coy at wac@simplybanqueting.com if you would like to spread the message and assist CAUSE.

Our sessions run Monday to Friday, during term time, from 9am until 2.45pm. We have sessions available for 2 – 4 year olds each day. If you would like to discuss a place for your child, or just come and have a look around please contact us on 07712 967081 or alternatively email us at greatteypreschool@hotmail.com.



We offer flexible sessions. This means that you don't have to sign your child up to attend pre-school on a weekly basis, but are just able to use us for one-off sessions, as and when needed (subject to availability). If you would like any more information on this new service please contact us using the details above.

The Great Tey baby & toddler group runs on Wednesday mornings (term time only) from 10am – 11.45am. If you have any children from birth to rising 5's please feel free to come and join our friendly group, letting your child socialise and interact with their peers. Tea and coffee provided for parents & carers, and a snack provided for children for £1.50 per adult.

EYES DOWN - BINGO

The next session will be held at the Village Hall on Thursday, 28th November 2019 between 2.00 pm and 4.00 pm.

A great afternoon with prizes to be won. Tea and cakes available – so do come and join the fun and have a chat with your friends. Everyone welcome.



Bingo takes place on the 4th Thursday of each month.

Beryl Brewer

CROSSWORD Solutions

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