

ROUND ABOUT

FEBRUARY 2023

GREAT TEY

NEWS, VIEWS AND EVENTS IN & AROUND GT TEY

EDITORIAL

A very Happy New Year to all our readers.

A big thank you to the Parish Council and Great Tey PCC for their kind donations to the print fund over the Christmas holidays, a great way to start the year for the paper.

Get your diaries out because there are lots of community events being planned in our village for this year for all to enjoy. *Ed*



KING CHARLES III CORONATION WEEKEND

There are a number of events being planned in our village to celebrate the coronation of our new king over the weekend and Bank Holiday Monday in May.

To begin the weekend on Saturday 6th May, following coverage of the ceremony on the television, Terry and Natalie at The Chequers are holding a barbecue with a live band in the carpark starting at 4.00pm.

On Sunday 7th May there will be a village cricket match on the Harold Fairs playing field, beginning at 2.00pm. More details and how to participate will follow in next month's Round & About.

Bringing an end to festivities on Bank Holiday Monday there will be a street party, organised by the Community Swimming Pool Committee to raise funds for the new pool. More details again in this paper as they become available.

SOUP LUNCH



**Monday 13th February
at 12 noon**

**Soup and roll or bread followed by a
choice of pudding all for £5.00**

**Tea/coffee or squash also available at an
additional cost**

Raffle

**This event always proves very popular, so
please book your seat in advance on
01206 210872**

THANK YOU

We would like to thank everyone who helped and supported our recent Christmas Jumper Party at The Chequers in aid of Dementia UK/Admiral Nurses. With your help, we raised an amazing £1,000 on the night, making our total raised so far just short of £10,000. Our grateful thanks to you all.

Christine and Linda.

GREAT TEY COMMUNITY POOL

I hope everyone had a lovely Christmas and all the very best to everyone for the New Year.

Christmas seems a distant memory now, but it was exciting at the time. Although it was an age ago now Father Christmas was in the Village Hall, it was very exciting for the little ones, and we would like to thank everyone who helped out on the day. Especially to Paul King, who played his role magnificently and to Linda Evans and Sian Goodman for the decorations, Thank you all. We managed to raise £90.00 for the swimming pool fund, and at the same time also pleased a lot of little children too.

Another exciting event was when Father Christmas came round the Village on his sleigh. We must be a special village for Father Christmas to visit twice before Christmas Eve, but I hope everyone enjoyed seeing him on the sleigh and because of the generosity of the Village, we were able to add another £225.00 towards the swimming pool fund. Many thanks to George and Melvin Patterson and everyone who helped make so many children happy and also benefiting the pool fund.

We have a few things in the "pipeline" for fundraising for the pool this year which will involve the whole Village enjoying themselves as well as benefiting the pool fund.

We are hoping to have another EGGSTRAVAGANZA in the Easter Holiday - weather permitting, plus we want to organise a real street party for Coronation Weekend and also something a bit different - A GREAT TEY VILLAGE OPEN DAY. This would involve anyone who wishes to, to open their garden for the day. Not just to show off their flowers, but to sell cakes on their front lawn, or get rid of all their junk, clothes or treasures and display them on your front lawn. Or maybe you would like to offer tea and cake to the visitors going round. For just one day GREAT TEY will be open to everyone, so anyone who is interested in joining our OPEN DAY please contact on 07712259458 for more details

Talking of people joining in, the committee would love to hear from anyone who has time on their hands and would like to join our committee to help with the applications of form filling. We have several applications ready to go for substantial sums which will boost our resources, but we need help with more. Once we have over £100,000.00 we can apply for Lottery Funding and then, if granted, we will be well on our way to our eventual goal.

This project has been a dream for nearly 5 years, and could very soon become a reality. We just need a few more people to come on board and help. If you are new to the Village and would like to meet lovely people and help build Great Tey into being an even better place to live, come and join us. We have a great mix of people on the Committee, plus we have had a great deal of help from our district councillor, William Sunnock, so why not come and join us - remember "many hands make light work". Great Tey Community Swimming Pool Committee



GREAT TEY WI

Happy New Year to every one, and hopefully 2023 proves to be so, because it is a crucial year for our WI as to whether we stay or whether we go!

We are quite sound financially, but are low on the numbers of members, and so 2023 could be the end of an era but until that time comes, we hope the following listing will appeal to some ladies in the Village to come along and join us and save the day!

We meet in the Village Hall on the first Tuesday in The month, and February meetings is Tuesday 7th, starting at 7.30pm. There will be home made cake, tea/coffee and great company - ALL ARE WELCOME.

FEBRUARY 7th	The history of THE COUNTY HOSPITAL, Lexden Road.
MARCH 7th	A talk on Essex Crime Scene Murders.
APRIL 4th	Russel Cottis will tell us how to use the DEFIBRILLATOR
MAY 2nd	AGM and an interesting talk on "MARBLES"
JUNE 6th	TBC
JULY 4th	Garden Party
AUGUST 1st	Outing - Beth Chatto's Gardens
SEPTEMBER 5th	TBC
OCTOBER 3rd	Jane Pearson will be giving us a talk - content unknown at going to press.
NOVEMBER 7th	Demonstration of Christmas Decorations
DECEMBER 5th	Christmas Dinner.

If anyone is aware of talks that would be of interest to our group, please let a WI committee member know, perhaps new and interesting ideas for talk will entice new members!

Many thanks, Great Tey WI Committee

SNOWDROP PLANTING IN THE VILLAGE

We hope to be planting snowdrops in the village once again on Saturday February 18th at 10.30.

Do come and join us. There may well be a slice of cake and a hot drink for the planters.

All you need to do is to turn up with a spade. We will provide the snowdrops. But if you are splitting your clumps or have any spare, do bring them along, the more we have the further we will get towards having sheets of these little white jewels to cheer up our winters.

It would be helpful to text me if the weather looks nasty, in case we decide to postpone the planting. Ann Bartleet mobile 07543635469.

We will assemble outside the Chequers.

WINTER BOWLS LEAGUE

The bowls league started in November. Bowlerdash & Piffle have played consistently well and after 4 sessions have opened up a big lead. However, with another 4 sessions to play, there is all to play for.

WINTER BOWLS LEAGUE TABLE - 06/01/2023

Team	Played	Won	Drew	Lost	For	Against	Points
Bowlerdash & Piffle	24	19	1	4	132	67	58
The Ringers	24	14	2	8	120	100	44
Poles Apart	24	14	1	9	111	91	43
Hot Shots	24	9	4	11	121	100	31
Youth Club	24	10	1	13	96	112	31
Guns 'n Roses	24	8	3	13	82	110	27
Chequers	24	3	4	17	67	138	13

EYES DOWN - BINGO

Hi Bingo Players - A very Happy New Year to you all.

We had a very good turnout for our January 2023 session. A big 'thank you' to all our Helpers. We nearly ran out of Bingo cards - so a special thank you to Russell and Jean who drove everywhere to find more cards (without success) and Katie and Beverley who saved the day.

Our next session will be held on Thursday, 9th February 2023 between 2.00 pm and 4.00 pm at the Village Hall.

Bingo is held on the 2nd Thursday of the month.

We look forward to seeing you all. You may win a cash prize or the raffle. Cup of tea and cake £2 and Bingo cards £1 for 6 games. Take care, Beryl Brewer



SEWING CLUB

Unfortunately due to illness, and various other reasons we had to cancel our January class, but hopefully we will have a full house this month, and anyone interested in sewing is welcome to join us. This month we are doing something a bit different and Vie, our expert, will show us how to "up cycle" old jeans.

We meet on the first Monday in the month (excluding Bank Holidays when it is the 2nd Monday) in the Village Hall for a 3pm start. This month it will be Monday 6th February. The cost is £10.00 per session per person, which after hall hire will all go towards the Community Swimming Pool fund. So come along and I earn something new, meet like minded people plus help fund the community pool.

Norma Tregoning

TESCO

TESCO



We have been chosen for the Tesco's community grant scheme!

When you visit Tesco and purchase some shopping, you should be given a token which enables you to place your 'vote' in the project. If you don't automatically receive a token, please ask the cashier! Then simply put your token in the Great Tey slot in the voting booth.

Braintree Town Centre CM7 3HQ

Braintree Great Notley CM77 7WW

Braintree Marks Farm CM77 8AA

Braintree Coggeshall Rd Express CM7 9EL

The stakes are high - the project with the highest number of votes across the region will receive £1,500, 2nd place £1000 and 3rd place £500 - so it is all to play for.

This grant enables us to equip the library with a modern non-fiction book collection and replace the existing stock - most of which is in excess of 20 years old. If we get the full amount, we also intend to purchase some furniture to complement the library as a place of learning and focus. As a small school, our funds are limited, and this grant would enable us to do in a year what would otherwise take us multiple years of fundraising and budgeting to achieve.

TESCO

TESCO

THE GREAT TEY FRIENDSHIP/BOWLS CLUB



And another year begins! As I write it's a cold one too..... but it's winter after all! Anyway, roll on Spring I say!! The hall is usually warm now, so our Wednesday afternoons are comfortable and certainly convivial. And there's that welcome cuppa when we finish.

If you'd like to "roll " up for a game of bowls, or just come for a chat & to meet (possibly new?) friends, why not join us? Our next meetings will be on February 1st (this will be the AGM) and the 15th, with lunch at the Chequers on the 8th and 22nd. The number to call for info is 01206 803541 - ask for Andrea.

GREAT TEY FOOTPATH WALKING GROUP

Christmas & New Year has passed and we're hoping one of the New Year resolutions many people have thought about making is; More Exercise!! Well, we can help. We walk as a group one Sunday every month, plus those of you who are retired or work flexi-hours, every Wednesday morning at 9am. If that interests you, then please contact us using the details listed below.

During December & January we completed three group walks. Early in December, our annual pilgrimage to Lawford, nr Manningtree, for the Ramblers & Cyclists carol service at Lawford Church was really well supported and enjoyed by everybody. It was preceded by a beautiful 'white frosty' walk along the River Stour & Valley, but so worth the multi layers we all wore to protect us from the cold, followed by a delicious hot roast lunch afterwards in 'Lucca's Enoteca' in Manningtree High Street before venturing along to Lawford Church for the service. Then a week later, and just before Christmas, we completed a local morning walk in & around Great Tey, which was preceded by another delicious hot lunch in The Chequers. After all that, and followed by the festive feasts we all devoured over Christmas & New Year period, we needed to walk it all off shortly afterwards by another good walk. This time a bit different though. In mid January we all went to London via the Elizabeth Line from Shenfield to Tottenham Court Road for a 'London Literary Walk' led by one of our members, Paul Burns. This was very well supported with 14 walkers. Paul led us on a highly interesting tour of

the Covent Garden area showing us nooks, crannies, yards & lanes we never knew existed, but were frequented a century or two ago by many well known names whom laid the foundations to so much of what we have today. Thank you Paul for researching and organising this wonderful day.



Sunday 19 February 2023 - Afternoon local 'Snowdrop Walk' led in a 'figure of 8' so that there is a choice of either a shorter 2-3 mile or longer 4-5 mile walk to suit both levels of ability. Meet 2.30pm Great Tey Village Hall car park.

Saturday 11 March 2023 - AGM & Social Evening to be held at: 25 Chrismund Way, Great Tey. Meeting commences at 7.30pm followed by a BYO social gathering. Please book with either Peter or Dilys using the contact details below.

Sunday 26 March 2023 - Awayday walk in & around Thaxted, Essex, 4 miles, meet 9.30am Great Tey Village Hall car park.

Sunday 02 April 2023 - Afternoon local 'Lambing Walk' 3-4 miles, everyone welcome, meet 3pm Great Tey Village Hall car park.

Sunday 16 April 2023 - Awayday walk in East Mersea, 4.75 miles, meet 9.30am Great Tey Village Hall car park.

For further information about any of our guided walks, please contact the following:-

Peter Wakeling, 01206 211887, email: peteanddil@hotmail.com

Jane Pearson, 01206 210855, email: drjanepearson@gmail.com

GREAT TEY BELL RINGERS

In the tower of our St Barnabas Church are eight magnificent church bells, which for nearly 400 years have rung out across the village and surrounding fields.

Ringings of church bells in sequence is a peculiarly English tradition that only really exists in places where the Anglican church has had an influence. Continental bells just swing around in no particular order, unlike the tunes and patterns that you can hear on English bells.

Our own bells went through a long period where they were only rung by visiting ringers, but the past few years have seen a resurgence of ringing at Great Tey and we now have a vibrant local ringing band that is going from strength to strength.

We aim to ring the bells for all services at St Barnabas and for national events. We have installed special equipment that allows us to practice on the bells silently, which is why you probably haven't noticed that we have been



holding Saturday morning training sessions.

This year promises to be a big one for us. Apart from ringing for services, we also have the Coronation to celebrate and a growing number of increasingly skilled local ringers, all wanting to improve their skills. Our band

now supports other bell towers across Essex, where they are often short-handed.

We have our own in-house ringing teachers and many of us are attending special training courses this year, all with the aim of being able to ring more complex patterns.

Ringing is a very social activity and after our Tuesday practice night we always retire to The Chequers, a tradition that is as old as ringing itself. If you want to know more about ringing, that's where you will find us!

Old Tugger

PROPERTY COLUMN

Happy New Year! Is this the year of who blinks first?

The property market is traditionally quieter during December and the early months of the New Year. It's cold and minds are concentrated on the festive and New Year period. However, there have been a number of additional factors of the economy, affordability and mortgage rate fluctuations that have created the unsettling backdrop of 'uncertainty'.

Uncertainty is a difficult scenario for both buyers and sellers to work with. How can you try and find some clarity and certainty that will influence decisions to buy or sell property in 2023, when should you sell, what should you pay?

Well, looking at available indicators will offer some steer towards the way the market is performing. Data about regional and national sales over the past twelve months are useful, there are various well published predictions about the trend for 2023 and beyond. Price falls are prevalent in most reporting but will vary regionally and some predictions are moderate.

Interestingly data published by one of the leading property portal portals in December says that views of homes for sale are up 11% on the same period in 2021, this influencing their prediction of a relatively low drop in average prices in 2023. Again, remember this may vary regionally.

A good property advisor will be able to help to make sense of this data but having an awareness of the market you are entering into as a buyer or seller is always valuable.

So, what else may we expect to build on those key factors of clarity and certainty, which will ultimately drive the market forward. If inflation starts to moderate this will provide positive news. If mortgage rates stabilize and new deals are available this will provide a confidence boost. If motivated buyers and sellers are coming into a spring market will further drive activity.

Notwithstanding all the above what tangible actions can you take to make your entry into the property market as positive as possible? If you are selling, always come to market with the property in the best light you can, presentation really does count. Be realistic but also informed about the price you are selling at, stagnation is never good. If you are a buyer supply is still an issue, so look out for the new and sought after properties that appear and make an informed and realistic offer to avoid disappointment, as although the balance between buyers and sellers has shifted an attractive and correctly priced property will create interest in any market.

If you have any questions about property in the current market, please let me know.

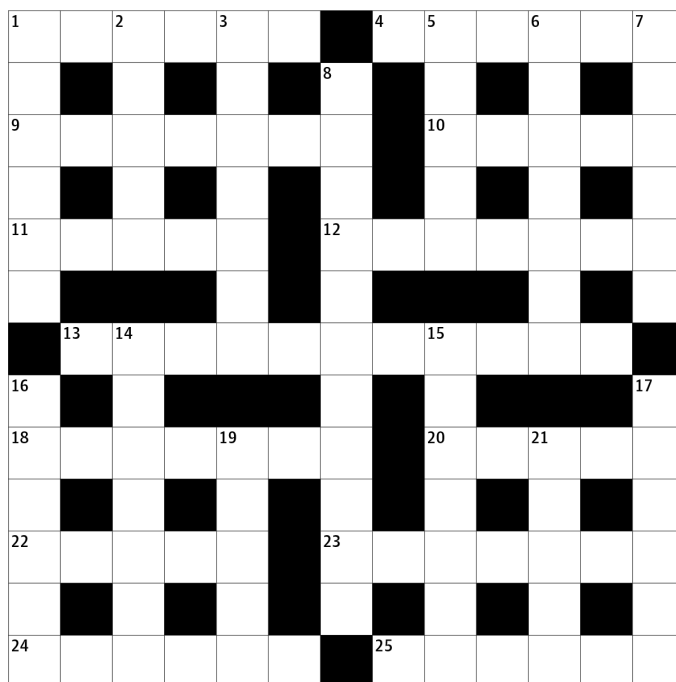
Remember my views here are just that, always do your own research to make your own best-informed decisions about property.

Mark Quinn.

Mark.quinn@Kwuk.com

R&A QUICK CROSSWORD

Answers on next page



Across

1. Sow's house (6)
4. India's most populous city (6)
9. Thug (7)
10. Recorded background music played in public (5)
11. Reverie (5)
12. Food that may be tossed (7)
13. Driver's handbook (7,4)
18. Mechanical keyboard (7)
20. Flame (5)
22. Thaw (2-3)
23. Toilet paper (3,4)
24. Landing strip (6)
25. Something left (or left unfinished!) (6)

Down

1. March (6)
2. Faux pas (5)
3. Prove superior (7)
5. Emasculate (5)
6. North American vulture (7)
7. Type of printer (6)
8. Dreadful (11)
14. An Asian — in a rain (anag) (7)
15. Pizza dough turnover with a savoury filling (7)
16. Black widow, say (6)
17. With decorative ruffles (6)
19. Last letter from Athens? (5)
21. Stringed instrument that's bowed (5)

GARDENING NOTES February 2023

Preparing For Spring

Chickens coming home to roost! - How is your garden looking after the first proper bit of winter we have had for some years? I am afraid I have been lulled into a bit of a false sense of security this winter. Some things in the garden probably haven't had enough protection from an extra mulch and may or may not survive. At least one shrub which was not looking very happy last autumn after the stress of all that draught that may not have liked the extra stress of very cold weather. Already I know that I had not turned the heat up enough in one of my greenhouses and some of my precious succulents have succumbed. So one of the ways I shall be preparing for spring will be writing, what I hope will not be too long a list, of plants that will need replacing in spring – Oh, bother! Will do better next year!

Remember that one of the ways you can help tender plants survive during cold weather if they are in a greenhouse or a cold frame, is to keep them on the dry side. Roots sitting in damp, very cold compost are much more vulnerable than dry ones. You can start watering again in mid March to help them start growing again. But go easy if we are continuing to have cold patches of weather.

Ordering plants for spring bedding or seeds to sow – now is the time for a bit of arm chair gardening. It's too wet or too frosty to do much practical work outside, but I have a bit of thinking and ordering to do. I do quite a lot of planting of annuals to give colour in the garden all the year through. One annual that I can thoroughly recommend is ageratum 'blue horizon'. I remember that, in my childhood, gardens were full of a variety of powder blue ageratum. I didn't like them much – pretty colour, but tight formal round plants, dotted along the edge of flower beds rather like soldiers, along with white alyssum alternated with blue lobelia – all very municipal! Blue Horizon is nothing like that, the same pretty mauvy blue, but much looser and taller. Altogether a delight that flowers until the frosts. The other favourite is cosmos. The selection I choose for bedding out is called 'Sonata'. This comes in shades of dark pink, light pink and white, all about 18" high. However, have a google and you will find lots of other varieties, tall, short, double and a whole range of colours. They are very easy to grow from seed, and if you dead head them they will go on flowering well into autumn. Don't sow them too early. They are tender so need to be planted out after the frosts and they come up very



quickly and get leggy if they are in the greenhouse or on your windowsill too long.

I hope you have not lost too many plants. We can all comfort ourselves with the thought that cold spells help keep unwanted pests at bay and some plants positively need a period of 'vernalization'. Stone fruit trees are some of the trees and shrubs that need cold spells to set a good crop of fruit next year.

REQUEST FOR HONEY/JAM JARS

I would be very grateful for any unwanted honey/jam jars with lids so that I can re-use them for selling in aid of charities.

I can collect or you could drop them off at Bucklers Farmhouse.

Ann, 07543635469

St Helena

Is it time to start talking about the elephant in the room?

Have you considered your plans for future care?

Talk to your loved ones about your priorities for your future healthcare, then ask your GP about the **My Care Choices Register**.

MY CARE CHOICES REGISTER

www.mycarechoices.online

CHURCH NEWS February 2023

If it is not too late – a Happy New Year!

Looking back to this time last year, we were apologising for having to cancel some of our Christmas celebrations at the last minute due to Covid. I am glad to say, not this year! It was great to welcome so many people to all our church services, including lots of children and their parents and grandparents to our Christingle Service. A special thank you to the Lucock family for all their work in organising it and to all the children who came and took part in the Nativity Play.

Services in February

5th February 10.00 am - Chappel - Morning Worship

12th February 10.00 am - Little Tey - Benefice Communion

19th February 10.00 am - Great Tey - Morning Worship

22nd February - Ash Wednesday 7.30 pm - Great Tey - Benefice Communion

26th February 10.00 am - Chappel - Benefice Communion

6.30 pm - Little Tey - Evensong

Candlemas

Traditionally, Candlemas was celebrated on the 2nd of February and marked the time when Jesus was presented to the congregation in the Temple. It became associated with the lighting of lots of candles, to remember that Jesus was the 'Light of the World'. Many countries have traditions associated with Candlemas, including the French who used to celebrate by making pancakes.

In medieval times Candlemas also marked the end of the Christmas celebrations. I have just come back from a visit to Durham and Ripon Cathedrals. In both those, the crib was still on show and Christmas trees in evidence. Change comes slowly in these ancient buildings!

Shrove Tuesday – Pancake Day

'Shrove' comes from the Old English word 'shriven' or the forgiveness of your sins. It was the day when, having been forgiven, you could make a new start and think about the start of Lent the following day. During the 40 days of Lent, it was the custom to fast and to deny oneself the pleasure of rich food such as eggs, meat and cheese. To help achieve that one needed to empty the larder of anything that might tempt one to give up the fast. So everyone used up the nice things by making pancakes – hence 'Pancake Day'.

Ash Wednesday – why 'ashes'?

As with many other traditions of Christianity, the origins of Ash Wednesday can be traced back to ancient Rome. There, sinners and penitents dressed in sackcloth were sprinkled with ashes to start their period of public penance. The church still encourages the placing of ashes on the forehead of those attending an Ash Wednesday service, as a reminder that Lent is about to start.

The early Church thought that it would be good for everyone to have a period of self denial and the giving up of some earthly pleasures. In commemoration of the 40 days Jesus spent in the Wilderness, fasting and praying and preparing himself for his 3 years of teaching and preaching, Lent was to last 40 days after which everyone could celebrate the great event of Easter.

We will be celebrating Ash Wednesday with a communion service on the 22nd of February.

Lent – the equivalent of Dry January!

The word 'Lent' comes from an Anglo Saxon word meaning 'lengthening', because it always falls as the days lengthen and spring approaches.

Although the church no longer demands that we deny anything nice to eat and almost live on bread and water for 40 days, we are encouraged to give up something that is a bit indulgent and not necessary. It might be alcohol, chocolates, sugar in our tea or biscuits. The thinking behind it is the same as 'dry January' It is good for us to not to indulge in everything we don't need and to think about the needs of others and concentrate on trying to live a better life rather than only thinking of ourselves.

Compline - quiet contemplation through Lent

Little Tey Church is hoping to lead a time for some gentle discussion on Wednesday evenings during Lent. Anyone interested should contact Carolyn Richer on 01206 210200 for more details.

CROSSWORD Solutions

1	P	I	G	S	T	Y		4	M	U	M	B	A	7	I
	A		A		R		8	U		N		U		N	
9	R	U	F	F	I	A	N		10	M	U	Z	A	K	
	A		F		U		S			A		Z		J	
11	D	R	E	A	M		12	P	A	N	C	A	K	E	
	E				P		E				R		T		
	13	H	14	I	G	H	W	A	Y	15	C	O	D	E	
16	S		R					K		A				17	F
18	P	I	A	N	19	O	L	A		20	L	O	21	V	E
	I		N		M		B		Z		I			I	
22	D	E	I	C	E		23	L	O	O	R	O	L	L	
	E		A		G		E		N		L		L		
24	R	U	N	W	A	Y		25	L	E	G	A	C	Y	

THE CHEQUERS

Weekday lunchtimes from 12pm – 2:00pm & Wednesday evenings from 6pm – 8:30pm we offer a set menu
2 Courses £13.50, 3 Courses £15.95

Monday – Closed all day

Tuesday – 5:30pm - 10.30pm

Wednesday/Thursday – 12.00pm - 3.00pm 5:30pm-10.30pm

Friday – 12.00pm – 3.00pm 5.00pm – 11.30pm

Saturday – 12.00pm – 11.30pm (food 12.00pm – 2:30pm)

Sunday – 12.00pm – 8.00pm (food 12.00pm – 3:30pm)

(food served Wednesday to Sunday)

UPCOMING EVENTS

14th February, Tuesday – Valentine's Day-we will be open in the evening offering a menu for pre-order. Please pop in to collect a menu or see our Facebook page (see below)

We will be closed from 2pm Wednesday 22nd February re-open 12 o'clock Friday 24th February

26th February, Sunday – Quiz Night – £3/person (max 6 people/team). Please confirm your team because we have limited space and the evening is popular.

19th March, Sunday – Quiz Night – £3/person (max 6 people/team). Please confirm your team because we have limited space and the evening is popular.

25th March, Saturday – Disco – this will be ticketed with all proceeds going to Crohn's & Colitis UK. More information to follow in the next R&A and our Facebook page

CORONATION DAY @ The Chequers

6TH May, Saturday – Live Music performance by 'From The Edge' with BBQ available. Starting from 4pm. Further information to follow in future editions of the R&A and our Facebook page (see below)

Tel: 01206 210814

Facebook Page: The Chequers-Great Tey. The new page has a hyphen in between words. Please like or page if you would like to keep up to date with what is happening. (The old page belongs to the previous tenant of The Chequers)

Instagram: The Chequers-Great Tey

the_chequers_great_tey

Email: thechequersgreattey@gmail.com

We look forward to seeing you @ The Chequers.

Please note copy deadline for the **March** issue will be:

Wednesday 22 February 2023

PLEASE send all copy **BEFORE** noon on this day to the editor, David Edwards at **edwardsdj44@gmail.com**

If you would like to make a donation to the print fund for Round & About Great Tey please use payment by BACS to Barclays Bank Account No 83141004 – Sort Code 20-97-40 including your name or organisation as reference if possible.