

ROUNDABOUT

JULY 2023

GREAT TEY

NEWS, VIEWS AND EVENTS IN & AROUND GT TEY

St Barnabas Church, Great Tey and St James the Less, Little Tey

THE FETE

Walcotts Hall Garden*

2.00pm Saturday 15th July

Home made teas

Stalls, including cakes, produce and plants, jewellery

Sideshows including bottle stall

Swimming (lifeguard in attendance)

Archery demonstration and a chance to have a go

New for this year – a games area for the young (at heart!)

Entrance £1, children free



BOTTLE STALL FOR CHURCH FETE

With only two weeks to go to the Church Fete at Walcotts Hall on Saturday 15th July, I am desperately short of bottles. Thank you to everyone who has donated already, it is very much appreciated, but unfortunately it is no where near the numbers I need for everyone, adults and children, to have a enjoyable time at the stall.

I have a box outside my house – The Old Vicarage, Chappel Road (next door to the Village Hall) where all bottles can be left. Any type of full bottles will be gratefully received from shampoo to champagne, bleach to brandy and anything in between to make it, not only a fun day but a good fun raiser too.

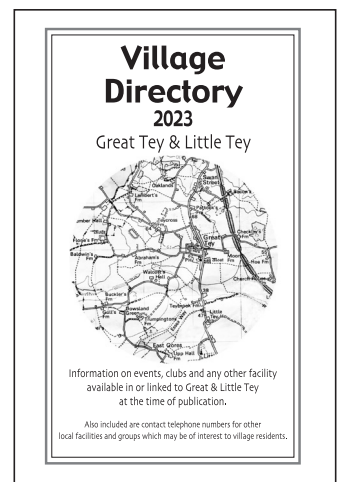
THANK YOU Norma Tregoning

VILLAGE DIRECTORY

It is planned to update the Village Directory this year.

This is a booklet containing information and contact details for clubs/organisations/events and businesses in and around our village and is distributed with an issue of this newspaper to all our readers. It also includes a section for trusted tradespeople to let you all know where to find a builder/plumber/electrician, etc., who has been recommended by a fellow villager for their good work and reasonable pricing.

If anyone has a tradesperson who has carried out good works for them and who they would be prepared to share their contact details so others looking for a particular trade could benefit, knowing their work is to a high standard, please let me know at edwardsdj44@gmail.com and they will be included in the directory.



VISIT OF SIR BERNARD JENKIN

On 23 June Sir Bernard Jenkin will be visiting Great Tey Village Hall at 12.00 pm to see the proposed site for the 5G mast. He will then be visiting New Barn Road to understand the new housing being built there. He will finish up at The Chequers at about 1pm for a sandwich and a drink with anyone interested in joining him. Please let me know on William.sunnucks@colchester.gov.uk if you would like to join in for the mini tour, or for the sandwich afterwards.



DRAFT AGENDA GT TEY PARISH COUNCIL

Summons and Notice of Meeting

Notice is hereby given that a Meeting of the Parish Council will be held in the Village Hall, Chappel Road, Great Tey on Tuesday 11th July 2023 at 7.30 pm§

1. Apologies for Absence
2. Declaration of Interests
3. Confirmation of Minutes of the Parish Council meeting of 13th June 2023
4. Matters arising from the minutes not dealt with elsewhere
Public Questions and Statements – when members of the public may ask questions or make a statement about the parish council or other matters of local concern.
5. Report from Essex County Councillor
6. Report from Colchester City Councillor
7. Neighbourhood Plan – To receive an update from the committee
8. Planning Matters
 - (a) Applications received – none at present– none at present
 - (b) Applications approved by Colchester City Council – none at present
 - (c) Any other planning matters
9. Financial Matters
 - (a) Cheques for payment
102057 D Williams- clerk salary £5543.16 less PAYE £217.20
£325.96
102058 HM Revenue & Customs - PAYE for clerk £217.20
 - (b) To receive the financial report
 - (c) To consider future donation payments to Great & Little Tey PCC
 - (d) Any other financial matters
10. Harold Fairs Recreation Ground
 - (a) To consider quotations for the rolling of the field and part of the field
 - (b) To consider any management matters
11. Maintenance Contractor - To receive a report on outstanding jobs
12. Village Hall - To consider any management matters
13. Highways - To consider any management matters
14. Old Playing Field - To consider any management matters
15. Allotments - To consider any management matters
16. Correspondence not dealt with elsewhere
17. Other Business for Discussion

Date and Time of Next Meeting 8th August 2023 at 7.30pm

Close of meeting

Signed:- *D K Williams* Clerk to the Parish Council.

Approved minutes of previous parish council meetings may be inspected by arrangement with the Clerk -

telephone: 01787 224895,

email: greatteyparishcouncil@outlook.com, or view at www.greattey.com

GREAT TEY WI

This month we have our annual Garden Party with the kind permission of Pauline and Alan Mattin at their home, Jesmond, in Church Lane, Little Tey. We generally meet at 7.30pm and the invitation is open to anyone interested in seeing "The Wonders of a Life Time of Collecting". It is also an opportunity for ladies, thinking of joining the WI, to come and meet us in a casual and interesting venue with husbands/partners welcome too.

All WI members are requested to please bring a plate of anything to eat, which will make up our delicious buffet for everyone to sample.

The WI meet on the first Tuesday of the month in the Village Hall at 7.30pm and this month it will be on Tuesday 4th July at "Jesmond" Little Tey.

Hope to see you there.

Great Tey WI Committee Member

LOCAL COUNCIL SURGERY SESSION

On 6 July our local Councillors will be holding a surgery session, again at The Chequers, for those interested in our Councils' activities.

I will be there from 7 - 9pm, and I hope that Darius Laws and/or Tom Rowe, my fellow Rural North Councillors will be able to join us. And for those of you with an interest in education or highways I've also invited Lewis Barber our Essex County Councillor. If you can't attend, but have a query or problem within the Council's remit please feel free to e-mail.

William Sunnucks

DO YOU HAVE A MUSICAL TALENT OR LIKE TO RECITE POETRY?

Whatever age you are, and would like to perform later this year in front of an audience in St Barnabas Church, Great Tey, we would love to hear from you.

Auditions will start this August, but please understand this is just a local event, there is no motive to it apart from the sheer joy of listening to talented people performing in an outstanding, historic Norman church.

Please contact Peter on 01206 211887 or 07860 625325.

GREAT TEY COMMUNITY SWIMMING POOL

Last month we said THANK YOU to everyone who helped and donated to make the Coronation Weekend such a success, unfortunately we forgot to add the very generous donation given by Marie-Ann and Terry Steel towards our fund, so THANK YOU both. Also a big THANK YOU to Penny and Derek Clayton for their wonderful donations from their "OAP's Disco" and from their Table Top sale outside their house.

We are always extremely grateful for all, and any, donations towards the fund and they are very much appreciated.

After the really enjoyable gathering of Villagers at the Coronation Picnic, we thought it would be lovely if we could bring everyone together again. This time it is slightly different as it will be a picnic in the garden listening to live Music.

The date for this new event is Saturday 22nd July, in the garden of The Old Vicarage, Chappel Road. Please bring your picnics along about 6.30pm and join everyone in the back garden. The Kingsland Gospel Choir will be singing for approx. 30 minutes, and then we will have a break for 20 minutes or so, where we will have a raffle, with some interesting prizes. The choir will then give us a finale of their special brand of singing and the evening will finish at approx 9pm.

The tickets are available from Norma Tregoning, Mike Holiday and Beverley Taylor and will be £5.00 per person, with children under 12 going free in advance. Or £7.50 per person with children under 12 going free on the night.

Like most events in this country it will be dependant on the weather, but fingers crossed it will be good weather and everyone will have a lovely time.

We are also hoping to have another community event on Sunday 24th September 11am - 4pm and this will be THE GREAT TEY OPEN VILLAGE AND TREASURE TRAIL. A bit like Open Gardens but not just showing off your garden - although you could do that!

Anyone interested in taking part can display anything they wish to sell on the day on their front garden, such as flowers, plants, tools, crafts clothes etc, and there could be a showing of vintage cars, bikes and tractors (big photo opportunities for the



enthusiasts) or a chance to have a good clear out of unwanted junk.

To join in on the day people will pay a fee for a map which will include the houses taking part and the clues to the Treasure Trail, and householders taking part will either give a set amount or a percentage of their takings.

Final details will follow in next month's Round and About, and for those interested in "selling their wares" it will give them time to start sorting things out before September.

Hopefully we will have a good response from the villagers interested in taking part, so making an interesting and enjoyable day for everyone joining in.

Great Tey Swimming Pool Fundraising Committee

EYES DOWN - BINGO

Hi Bingo Players.

Another excellent turnout for our June 2023 session. Once again a big thank you to all our helpers. Always much appreciated by all.

Our next session will be held on Thursday, 13th July 2023 between 2.00 pm and 4.00 pm at the Village Hall. We look forward to seeing you all. You may win a cash prize or the raffle. Cup of tea and cake £2 and Bingo cards £1 for 6 games.

Tell your friends it's a great afternoon. Bingo is held on the 2nd Thursday of the month.



Beryl Brewer

THE GREAT TEY FRIENDSHIP/ BOWLS CLUB

Summer is definitely here now - when the sun's not out, it's raining! Typical you could say... however, as usual the weather won't interfere with our meetings! Numbers are a bit down at the moment due to holidays and/or babysitting! but hopefully they'll pick up as we go along. Our dates for July are the 5th & 19th, with lunch at the Chequers on the 12th & 26th.

As ever if you would like to come & join us, or just want some info on the club, do call Andrea on 01206803541.



GREAT TEY FOOTPATH WALKING GROUP

At time of going to print we had not completed our June walks programme, so will report on that in the next edition.

Sunday 2nd July 2023 - This is 'Jane's Surprise' awayday walk to the Kersey, Suffolk area



lead by Jane Pearson. As it's title suggests, there are a few surprises along the way, so at this stage we can't explain too much, but if you would like to join us, then we meet at Great Tey Village Hall car park at 9.30am. Lifts or car share are available, see below for contact details.

Sunday 20th August 2023 - Afternoon local walk around Great Tey, 4-5 miles, meet 3pm, Great Tey Village Hall car park.

For more information about any of our guided walks, then please contact one of the following:-

Peter Wakeling, 01206 211887
email: peteanddil@hotmail.com

Jane Pearson, 01206 210855
email: drjanepearson@gmail.com

Pop along to St Helena Hospice's Magdalen Street furniture shop on Friday 14th July from 7pm to 10pm, where St Helena will be hosting an exciting auction and raffle event to help raise vital funds to support local people across north east Essex facing incurable illness and bereavement.

The night will see a wide range of fantastic gems up for auction, while there will also be a raffle on the evening with lots of brilliant prizes up for grabs.



The auction and raffle will include a range of great prizes such as restaurant vouchers, limited edition artwork, a signed Tottenham Hotspur playsheet, gin, a florist voucher and much more! You don't want to miss out!

All the money raised on the night will be going to St Helena Hospice, allowing the hospice to be there every step of the way, helping life to go on in the face of dying, death and bereavement. Please help us to raise money to ensure St Helena Hospice continues to be here for those who need hospice services at the most difficult time of their lives.

The furniture shop will be open throughout the evening for you to browse at your leisure, and there is ample parking on-site for your convenience. St Helena Hospice is delighted to announce that there will also be a variety of craft stalls in attendance on the evening selling their goods to help raise funds of the Hospice, in addition to the Munchbox Mummas who will be serving delicious Caribbean Street food on the night.

Find out more at www.sthelena.org.uk/events

HELP THROUGH HARDSHIP

If you are struggling with food please call 0808202138 Monday to Friday 9am – 5pm

Hello there, my name is Beckie and I volunteer at Colchester Foodbank. I thought it may be useful to provide some telephone numbers / support groups should you or someone you know ever need some help and support.

The main Foodbank at Tollgate has a representative from Colchester Council and they provide a drop in service on a Monday and Thursday 10-2pm, also a drop in service on the 1st Saturday of each month at Marks Tey village Hall 10-12.30 (Next session 1st July).

Citizens Advice are present also at the Foodbank to offer their help on a Wednesday and Thursday 10-2pm, also the SOS Bus, which is part of the Open Road charity group, attend on a Tuesday to offer help and support.

<p>SSAFA Armed Forces 01206 575609</p> <p>Merville Barracks Post Room CO2 TUI Helps veterans and service personnel, and families, providing support with experienced non judgemental and friendly advice as well as practical services</p>	<p>Job Centre Plus 08001600190</p> <p>40 Chapel Street, CO2 7AZ Work with people who are out of work, unable to work because of illness, injury, or disability. Able to arrange some benefits for people working in low paid jobs and have dependents who need extra support</p>	<p>Colchester Credit Union 01206 796223</p> <p>7 The Centre, Hawthorn Avenue, CO4 3PX Mon, Tues, Thurs, Fri 10am – 12pm Supports with savings and loans info@colchestercreditunion.co.uk</p>	<p>Colchester foodbank</p> <p>Useful Contacts "Without the Foodbank, I don't know what I would have done"</p> <p>Colchester Foodbank Hub Unit 3 Tollgate Retail Park, Colchester CO3 8RG Monday to Saturday 10am to 2pm Tel: 01206621998 info@colchester.foodbank.org.uk</p> <p>Brightlingsea Town Hall, Wednesday 10.00am to 12.30pm</p> <p>Berechurch with Monkwick St Margaret's Hall, Stansed Road Friday 11am - 4pm Colchester Central Esk Lane Baptist Church Tuesday, Wednesday & Friday 11am-1pm</p> <p>Greenlead Credit Union Office, The Square Monday, Tuesday, Thursday, & Friday 10-12pm</p> <p>Highwoods The Bluebell Centre, Jack Andrews Drive Highwoods CO4 9YN Monday 9am to 11am</p> <p>Myland Myland Parish Hall, Mile End Road Tuesday & Friday 8.30am to 12 noon</p> <p>Myland St Stephen's Church Centre, Canterbury Road Monday 7.30 to 8.30 Thursday 11am to 1pm</p> <p>Rothbridge Mariners Chapel Chapel Lane Rothbridge CO5 7JS Monday 4pm to 6pm</p> <p>Wivenhoe Wivenhoe Congregational Church Thursday 10am – 12noon</p> <p>Tiptree United Reform Church, Chapel Road, Tiptree Thursday 2pm to 4pm 07839941648...01621815260 Charity no 113287 England and Wales/foodbank</p>
<p>N.E.S.T 07549647401</p> <p>Helps struggling families and individuals with furniture, bedding & other household items free of charge Referrals ONLY through Colchester Foodbank</p>	<p>National Debt Line 0800 808 4000</p> <p>Free help and advice on dealing with your debt in England and Wales with people who care</p>		
<p>Christian Against Poverty (CAP) 0800328006</p> <p>Debt Counselling Service Colchester Debt Centre is run in partnership with Bethel Church Colchester and gives free debt help to anyone who feels weighed down by debt. Life skills advice Job Clubs</p>	<p>Payplan Freephone 08002802816 www.payplan.com</p> <p>Offers FREE debt management plans & other solutions for people facing financial difficulties, get back on track today, debt help from expert advisers.</p>		
<p>Citizens Advice CA</p> <p>28 Middleborough CO1 1TG Provides free, confidential, impartial and independent advice or information Winter Fuel Vouchers -Emergency Fuel Scheme info@colchestercab.org.uk</p>	<p>Step Change 0800 2802816 08001381111</p> <p>Leading debt charity to get expert debt advice and fee-free debt management to help tackle debts www.stepchange.org Use budget form before phoning</p>		
<p>Help Through Hardship 08082082138</p> <p>The confidential service provided by Citizens Advice to help address and provide support to maximise income, help with the benefits system and identify additional grants.</p>	<p>Turn 2Us</p> <p>Providing practical help to those struggling with finances</p>		
<p>The Law Clinic</p> <p>Free legal advice_email lawclinic@pssusv.ac.uk</p>	<p>Precious Bangles preciousbangles@kingland.org.uk</p> <p>Offers free clothes and equipment for children aged 0-5</p>		
<p>Signpost 01206 861800</p> <p>The Library, Hawthorn Ave Greenstead, CO4 3QE Mon – Fri 9.30-3.30 Support for employment prospects helping with: CV writing, application forms, covering letters, and interview skills.</p>	<p>Baby Bank 01206 861800</p> <p>Offers pre loved and new baby and children's clothes up to the age of 16 Tots2teens@hotmail.com Tues/Thurs at Colchester Foodbank Tollgate</p>		
<p>CARA 01206 769795</p> <p>Centre for Action Against Rape. Mon to Fri 9am – 4pm CO1 1YP info@caracolchester.org.uk</p>	<p>Essex Uniform Exchange 01206 861800</p> <p>Offers new and nearly school clothes and shoes info@essexintegration.org Monday, Tuesday, Wednesday Colchester Foodbank Tollgate</p>		
<p>Breakeven info@breakeven.org.uk 01273833722</p> <p>Gambling counselling partner If you are worried about your own or someone else's gambling? Free support sessions available WINGS (Women in need of gambling support). A group for all women, working together to find solutions.</p>	<p>Local Ward Councillors who issue vouchers</p> <p>Cllr The Young Greenstead 07949066915</p> <p>Cllr Lesley Bostall Blimby 0785207422</p> <p>Cllr Dave North Birchurch/Marwick 01206 545686</p> <p>Cllr Lee Scudell Eld Health/Hythe 01947541573</p> <p>Cllr Lynn Bostall Shrub End 01206 769777</p> <p>Cllr Martin Goss Myland 07912366335</p> <p>Cllr Kayleigh Rippington New Town 07885413776</p>		
<p>POWHER 0300 456 2370 pogether@colchester.net</p> <p>For anyone who has no one to support them. The service offers a free confidential and independent advocacy service to help people understand their rights. Mon – Fri 9am – 6pm</p>			

St Barnabas Church,
Great Tey

**DON'T
FORGET!**

'Pop-Up Tearoom'

In the churchyard 2pm – 4.30pm

Sunday 30th July

Sunday 6th & 13th August

Serving

Cream Teas

Homemade cakes and scones

Birthday cakes (to order)

To book a table for more than 6

(helpful but not essential)

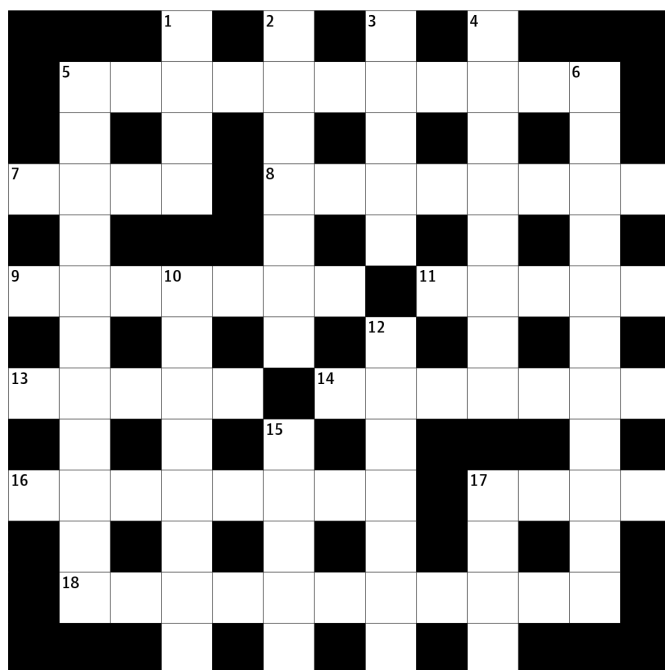
telephone or text Jane Partridge on mob.

07810566328

All proceeds will go to Great and Little Tey Churches

R&A QUICK CROSSWORD

Answers on next page



Across

5. Peripatetic (anag) — trigger (11)
7. Lump — oaf (4)
8. Impressive performer (5,3)
9. Very keen to do something (7)
11. Lacking originality (5)
13. Disdain (5)
14. Small scented bouquet — eg say no (anag) (7)
16. Succinct joke (3-5)
17. Invent (a new word, say) (4)
18. Use (11)

Down

1. Give, but want back in due course (4)
2. Gene ____, US rockabilly pioneer, d. 1971. (7)
3. Urgently needed (5)
4. Sicken (8)
5. Educational institution in England, Wales and Northern Ireland, allowed new university status after 1992 (11)
6. Shocked expression? (11)
10. Extremely strict (8)
12. Crooked (7)
15. Stool pigeon — not us! (anag) (5)
17. Child's bed with wooden slatted sides (4)

LOOKING AFTER OUR CHURCHYARD

THE MAIN CHURCHYARD and the GARDEN OF REMEMBRANCE

You may remember that earlier in the year we circulated new guidelines for everyone who currently has relatives or friends buried in the churchyard or who might wish to be buried there in the future.

To all those who have taken note of those changes and put them into practise – thank you.

You may also remember that we said that from time to time we would tidy up the churchyard and remove any inappropriate items. Those items to be put in the church porch for the owners to collect.

To avoid a build up of unclaimed items, we will remove those items from the porch at the following times of year;

at the end of January

just before Easter

at the end of June

at the end of September

Please help us by remembering that our preference and the Diocesan rules insist on, fresh flowers only on graves and, generally, only one bunch at a time. These need to be removed when dead. If pot plants have crept in, please remove empty ones and ones with dead plants.

Thank you so much for your help.

CHURCH NEWS July 2023

Summer is here and as usual lots happening in the parish, but first –

Services in July

2nd July	10.00 am	Morning Service	Wakes Colne Little Tey
10.00 am		Family Service	Little Tey
9th July	10.00 am	Benefice Communion	Great Tey
3.00pm		Celebration of lives of those ashes lie in the churchyard	Great Tey
16th July	10.00 am	Morning Worship	Great Tey
23rd July	10.00 am	Benefice Communion	Wakes Colne Little Tey
6.30 pm		Evensong	Little Tey
30th July	10.00 am	Benefice Communion	Little Tey

Garden Open Thank you so much to everyone who helped Ann Bartleet with her 'Gardens Open'. £2,600 was raised for Medical Charities and £2,330 for Great and Little Tey Churches.

Forthcoming events

An Invitation to celebrate the lives of those whose ashes are buried in the Garden of Remembrance on July 9th.

Earlier in the year we promised to do this – see below for details.

The Fete

On July 15th in Walcotts Garden. Let's make it bigger and better this year! Offers of help, cakes, bric-a-brac, plants very welcome.

Pop Up Teas

Back by popular request, on July 30th, August 6th and 13th. We are going to try to provide more shade this year. Let's hope for sunshine and not blistering heat or pouring rain! However we will be very British about it and hope to be there come rain or shine. Offers of help and cakes very welcome!

An invitation to a Celebration of the lives of those whose ashes lie in the Garden of Remembrance

On Sunday 9th July at 3pm we will be gathering at the Garden of Remembrance to celebrate the lives of everyone whose ashes are buried there. We would welcome anyone who would like to join us. We will be reading out the names of the departed and exceptionally, placing flowers in the Garden.

If you would like to bring flowers, please do. We will provide containers and will be leaving the flowers there for a week.

There will be an opportunity to light a candle in memory of loved ones.

Do join us for a cup of tea afterwards

Churchwardens and Rector

LOSING WEIGHT DURING MENOPAUSE

Gaining weight is normal as you move through menopause and into post-menopause. But it's not carved in stone. You have the ability to do what it takes to be fit and energetic.

So what's stopping you from having the all-day energy and losing your menopausal weight?

Information overwhelm?

It's easy to get trapped in information overload. Worse, you might think that it requires a ridiculous amount of discipline, exercise and special foods and supplements.

Past failures? Maybe you've tried to lose weight but before you knew you slipped back into your old habits. This is a common problem for women in midlife, the truth is trying to do it all usually ends in giving up and doing nothing.

Not knowing why your waist is expanding despite doing and eating the same things you pre-menopause? The good news is that there are plenty of simple solutions to boost your energy levels and reduce your waistline.

Now imagine what it will be like to...

- Know the exercises and the foods and habits that would help you to drop 1-2 dress sizes
- Enjoy starting your day fresh knowing you have the energy you need to go about your busy day easily.
- Having a support of a trained fitness and nutrition coach who have worked with many women in this exact situation and helped them to feel positive, energetic and decades younger again!

Embracing
MENOPAUSE

Fitness & Nutrition Coach

**MOVEMENT
MINDFULNES
NUTRITION
FITNESS**

Join me:

- at home
- in a gym
- in a park
- local venues

**JOIN ME
STOP MENOPAUSAL
WEIGHT GAIN
BECOME THE BEST
VERSION OF YOURSELF**

Get in touch
0779 645 7191
renata@embracingmenopause.uk
<https://www.embracingmenopause.uk/>

GARDENING NOTES June 2023

Biennials

If you watched Monty Don the other day, you will have heard him talk about sowing biennials to flower next year. It is a great idea! I don't know whether you have noticed but plants in garden centres have gone up a lot in price. I know, too that lots of people have still got gaps to fill after last winter.

Now is the time to sow biennials. I am suggesting a few which are very easy to grow. If you sow them now they will be ready to plant out where you want them in September/October. They will flower merrily next spring/summer.

If you need something tall for the back of your borders, foxgloves are a great bet. They are often mentioned in gardening books as woodlanders. It is quite true that they grow really well in shady spots. I find that they seed themselves into south facing flowerbeds just as well. There are lots of varieties to choose from. I am particularly fond of the straight forward 'alba' – a white variety of the wild foxglove. There is a pretty apricot version called 'Suttons Apricot'. From one packet of seed you will get lots of very hardy seedlings. Another unfussy back of the border plant is 'Hesperis' or Sweet Rocket. It has lots of white or mauve flowers and once you have it in the garden you have it for life!

There are lots more you can try – wall flowers, sweet William, hollyhocks, to name but a few.

Here are a few 'specials' which are worth trying. They are no more difficult to grow but you may need to look on the internet to find a supplier of the seed. I like Honesty and I have lots of it in the garden in white and purple. But the one I really prize is variegated white flowered honesty. I am not always a big fan of variegated plants, but this one just sings out in early spring when we all need cheering up. It self sows too.

Erodium pelargoniflorum – now sometimes called erodium trifolium, is another one I wouldn't be without. It has white and maroon flowers and greyish leaves and flowers its head off! It self seeds too. You can sow seed any time but keep this somewhere not too hot while germinating and starting to grow.

Finally the best yet! Eryngium giganteum Miss Willmot's ghost. This is a wonderful sea holly. It grows to about 60 cms. Its blooms are white and make super Christmas decorations if dried. I have had it in the garden for 50 years where it gently self sows. It may take a bit longer to



flower, but worth the wait. It is easy to grow – just sprinkle over a seed tray in the autumn. Leave it outside all winter and low and behold seedlings next spring. If you want some seed just apply to me!

Finally, a word of warning – the very high temperatures that we are having can make caring for small seedlings tricky. Try growing on a bright but shady windowsill or sow straight into the ground somewhere that avoids afternoon sun not into a hot greenhouse or conservatory.

SEWING CLUB

Unfortunately there will be not be a meeting this month.

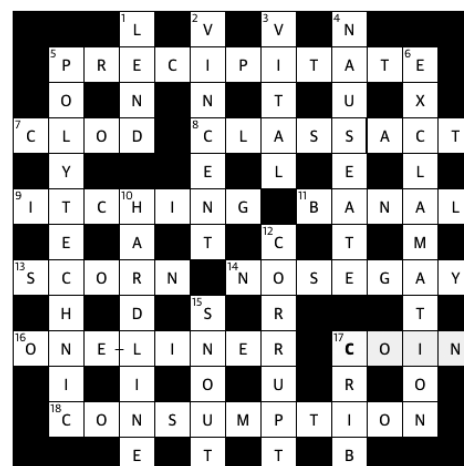
Hopefully, after this short break everyone will be raring to go with new projects and lots of enthusiasm, for next month's meeting.

For those interested in joining us we meet on the first Monday of the month in the Village Hall from 3pm – 4.30pm. Next meeting will be Monday 7th August.

Norma Tregoning

CROSSWORD

Solutions



THE CHEQUERS

Weekday lunchtimes from 12pm – 2:00pm & Wednesday evenings from 6pm – 8:30pm we offer a set menu
2 Courses £13.95, 3 Courses £16.40

Monday – Closed all day

Tuesday – 5:30pm - 10.30pm

Wednesday/Thursday – 12.00pm - 3.00pm 5:30pm-10.30pm

Friday – 12.00pm – 3.00pm 5.00pm – 11.30pm

Saturday – 12.00pm – 11.30pm (food 12.00pm – 2:30pm & 6.00pm – 8:30pm)

Sunday – 12.00pm – 8.00pm (food 12.00pm – 3:30pm)

(food served Wednesday to Sunday)

UPCOMING EVENTS

16th July, Sunday – Quiz Night – £3/person (max 6 people/team).

Please confirm/cancel your team because we have limited space, and the evening is popular.

18th August, Friday – Colchester Morris Men Dance at 8pm

20th August, Sunday – Quiz Night – £3/person (max 6 people/team).

Please confirm/cancel your team because we have limited space, and the evening is popular.

26th August, Saturday – Fish Night - evening menu available in July – please contact us or
pop in if you would like a menu

27th August, Sunday – Acoustic Duo playing live from 4.30pm

28th August, Bank Holiday Monday – open 12pm – 7pm. Food available 12pm-3pm

Tel: 01206 210814

Facebook Page: The Chequers-Great Tey. The new page has a hyphen in between words.

Please like our page if you would like to keep up to date with what is happening.

(The old page belongs to the previous tenant of The Chequers)

Instagram: The Chequers-Great Tey

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We look forward to seeing you @ The Chequers.

Please note copy deadline for the **August**
issue will be:

Wednesday 19th July 2023

PLEASE send all copy **BEFORE** noon on this day to the editor, David Edwards at
edwardsdj44@gmail.com

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